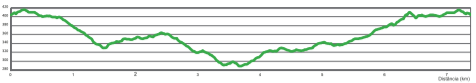
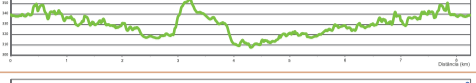
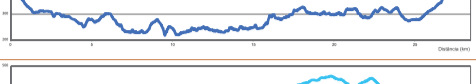
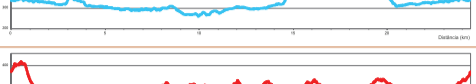
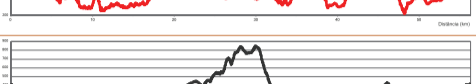
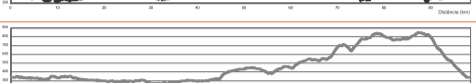

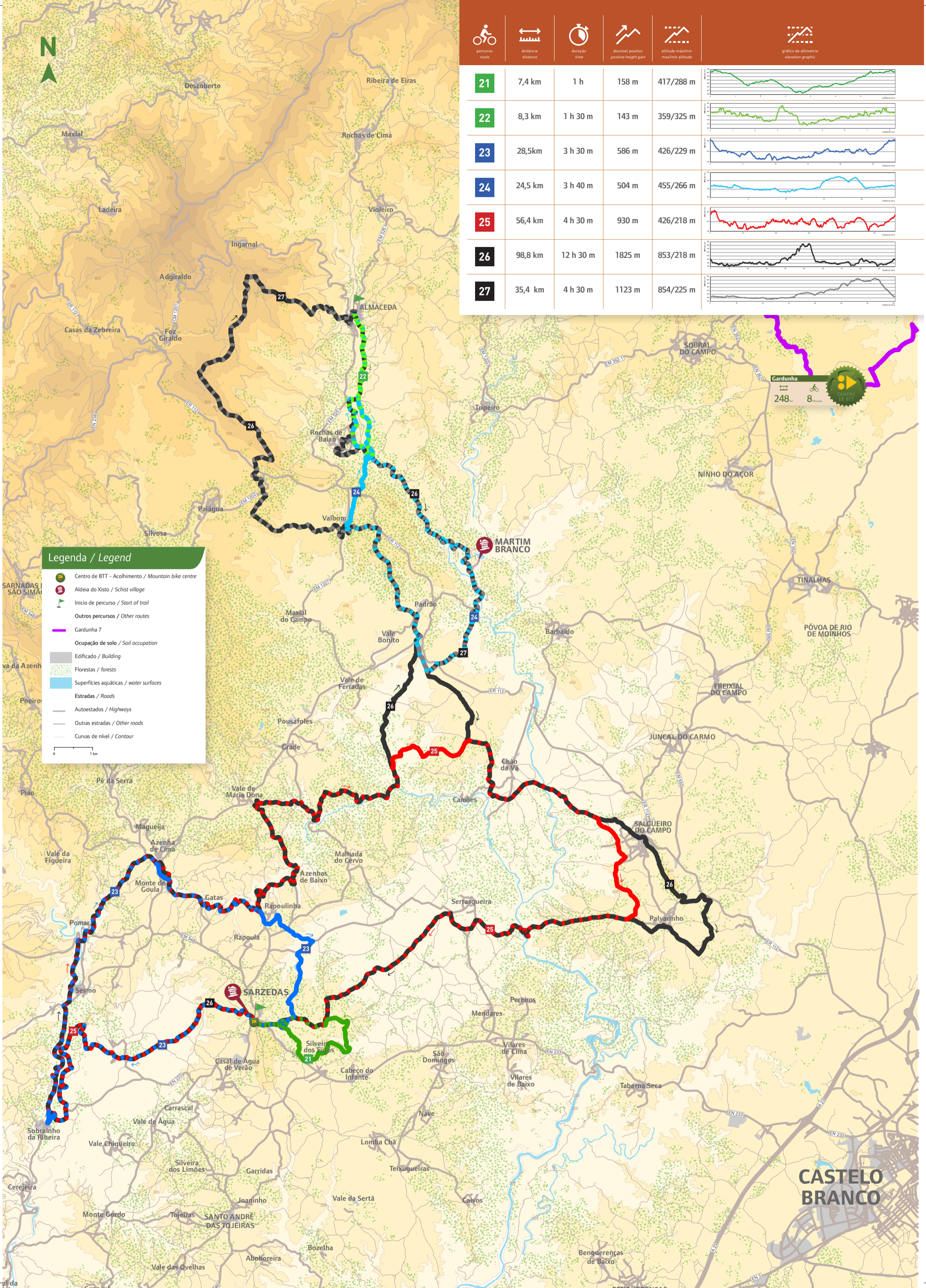

















 percurso route	 distância distance	 duração time	 desnível positivo positive height gain	 altitude máx/min max/min altitude	 gráfico de altimetria elevation graphic
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21	7,4 km	1 h	158 m	417/288 m	
22	8,3 km	1 h 30 m	143 m	359/325 m	
23	28,5 km	3 h 30 m	586 m	426/229 m	
24	24,5 km	3 h 40 m	504 m	455/266 m	
25	56,4 km	4 h 30 m	930 m	426/218 m	
26	98,8 km	12 h 30 m	1825 m	853/218 m	
27	35,4 km	4 h 30 m	1123 m	854/225 m	



Legenda / Legend

-  Centro de BTT - Acolhimento / Mountain bike centre
-  Aldeia do Xisto / Schist village
-  Início de percurso / Start of trail
-  Outros percursos / Other routes
-  Gardunha 7
-  Ocupação de solo / Soil occupation
-  Edifício / Building
-  Florestas / forests
-  Superfícies aquáticas / water surfaces
-  Estradas / Roads
-  Autoestradas / Highways
-  Outras estradas / Other roads
-  Curvas de nível / Contour

CASTELO BRANCO